

**Dear Readers, the topic for November and December is**

## *Come Back to Love*

“*The Godscallgirl Foundation*”, being set up with the help of some generous people in Perth, fosters sexual and sensual wellbeing. The vision is to establish a place where people can heal, meet, learn, attend workshops, connect and contribute to others.

The fact is that most of us have suffered abuse. Not all of us were sexually abused, but most of us have suffered from the prevailing ideas about sexuality in our secular and religious culture. The evidence of this is in our inability to sustain a loving relationship. It's not just that we lack relationship skills and conflict resolution skills – we are unaware of the conflicts we set up inside ourselves and in our relationships because of our sexual conditioning. As a result, men and women drift apart, if they do not part with violent emotions.

One of the aims of the Foundation is to make Sensuality Awareness Training available. I see Sensuality as the bridge between a man and a woman when sexual interest has waned or has become out of balance. Typically this occurs when a man is not able to feel more than just his sexual urge and a woman is not interested in sex but wants emotional warmth. It is an exciting prospect, the ability to arrive at inner sensitivity by becoming alive to the outer senses first. All this I see hanging on another factor: forgiveness. Resentment is deeply destructive. The invitation will be there to *come back to love*. Relationship skills are high on the agenda!

It is my opinion that only a sexually sane person can lead an authentic life. Authenticity and dependence on authority are contradictory.

Religious institutions seem to have an instinct about this: they need to control their members, to tell them how to live, make them dependent on their point of view, and so rob them of their authenticity. The easiest way to control a person and take away their authentic feeling and thought, is to induce sexual guilt. Now there is fear. Now there is confusion. Now there is insanity. I call this *religious abuse*.

Religious abuse is not all that easy to recognize by those who have suffered it. It is so persuasive, that those who adopt the fear and guilt, think it should be there. They even believe that their guilt will keep them from doing harm, not realizing how compromised their actions already are because of guilt. Whenever a loving, passionate desire is circumscribed by fear and guilt, what does it become? It becomes complicated, doesn't it? It is no longer innocent. To be innocent is to unlearn the guilt of our heritage, claiming back what we already knew to be right in our hearts before the natural simplicity was lost.

The Foundation wants to create awareness of this abuse, and to offer freedom from this conditioning.

Finally, a comment from a reader of the sequel to God's Callgirl, *Desire*:

*So much of your story was like reading about myself. I too have finally come to a place where I know that I am love and it is not in someone else. I am in love with the beloved – God! and I have surrendered my life to that love which guides my choices. Eileen D.*

**May we walk in innocence and joy this Christmas,**

**Carla**

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